

# 10426 - Potato Pearls® Smart Servings™ Mashed Potatoes w/Vit C - Low Sodium, 492 servings (4 OZ) per case, 12/26.5 oz. pch.

No Additional Ingredients Required. Just Add Water.



#### **Nutrition Facts**

Serving Size About 1/4 Cup Dry (23g) 140g Prepared (22.6g) Servings Per Container 33

#### **Amount Per Serving**

Calories 90 Calories from Fat 5

	% Daily Value*
Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 115 mg	5%
Potassium 150 mg	4%
Total Carbohydrate 18 g	6%
Dietary Fiber 1 g	4%
Sugars <1g	

Protein 2	2 ç
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Vitamin A	0 %	•	Vitam	in C	20 %
Calcium	0 %	•	Iron	2 %	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total		300g	2750
Carbohydrate	9	300g	375g
Dietary		25q	30q
Fiber		20 <b>y</b>	30g

Calories per gram:

Fat 9 · Carbohydrate 4 · Protein 4



# Ingredients

Potato (Dry), Canola Oil, Contains 2% Or Less of: Salt, Mono And Diglycerides, Ascorbic Acid (Vitamin C), Natural And Artificial Flavor, Artificial Color. Freshness Preserved With Citric Acid, Sodium Bisulfite, And Bht. Contains: Milk.

## **Packaging**

GTIN	10011140104265	Case Net Weight	19.88 LB
Item UPC		Case L,W,H	14.13 IN, 10.50 IN, 12.50 IN
Unit Size	12 / 26.5OZ	Cube	1.07 CF
Shelf Life	270 Days	Tie x High	12 x 3
Case Gross Weight	21.33 LB	Kosher Status	Yes

#### **Preparation and Cooking**

- 1: Pour 4 Liters (1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half-size steamtable pan.
- 2: Add all potatoes and stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve.

# **Serving Suggestions**

Over 1 billion\* orders of mashed potatoes are served in foodservice annually. Potatoes are a well loved side dish. They are a versatile base to add a signature dish. Mustard Mashed Potatoes - add spicy brown mustard. Cheddar Scallion Mashed Potatoes - add scallions and cheddar cheese. Sage and Brown Butter Mashed Potatoes - add sage and browned butter. Use mashed as a side or as a base for the entree. Lower food costs by increasing the serving of mashed and decreasing the serving of protein. Mashed can be used as a thickener or can be added to scratch-made mashed to extend hold time and recipe quantity. \*Source: NPD Group/CREST

# **Benefits of Using This Product**

No mix, extra quick prep, delicious mashed potatoes. Select USA potatoes makse a versatile low sodium, vitamin rich, healthful mashed potato base. Just add water - ready in 5 minutes. Hand mix. Serve as is or add recipe ingredients for a signature menu item. 110mg of sodium per 1/2 cup serving. 50% Daily Reccomended Value of Vitamin C. A value-add healthful mashed potato base 37 half-cup servings per pouch and 444 half-cup servings per case. Participates in Foodservice Rewards and Value Plus operator programs. This product is available through the USDA Commodity Program.

#### **Packaging and Storage**

Store cool dry (less than 80 degrees F)

#### **Other Information**

Product of US

# **Allergens**

**CONTAINS:** 

Milk or Milk Derivatives, Sulphites or Sulphite Derivatives

#### **Nutritional Claims**

Gluten Free, Low Sodium, Low Fat, No Trans Fat